

Name: _____



The more
we notice,
the more
we find to be
grateful for. ♥

The Gratitude Zoom Lens

Look closer. There's more to see. ♥

Start with
something broad.
Then keep
zooming in.
The more specific
you get, the more
meaningful it
becomes! ♥

Example



1 Zoom Out
(Broad)



I'm grateful
for my family.



2 Zoom In
(Why?)



Someone
packed my lunch.



3 Zoom Closer
(More specific)



They remembered
I like strawberries.



4 Zoom In Again
(How it made
me feel)



It made me feel
remembered. ♥ ♥ ♥

Your Turn!



1 Zoom Out (Broad)

What are you grateful for?



2 Zoom In (Why?)

Why is it special? What happened?



3 Zoom Closer (More specific)

What little detail makes it even more meaningful?



4 Zoom In Again (How it makes you feel)

How does it make you feel?



Final Writing:

I thought I was grateful for _____

When I looked closer, I realized I was really grateful for _____

Good Tidings, where reading feels like fun. ♥