

Name: _____

Catch a Golden Beam



Look for the bright spots in your day!

Good things are all around us — sometimes we just have to notice them! ❤️

During the day, when you notice something unexpectedly good, kind, funny, helpful, or beautiful, write it on a golden sunbeam. It can be a big moment or a small one!











Look for the moments that make a day brighter. Big or small — they all count! ❤️

Good Tidings,
where reading feels like fun. ❤️



How It Works:

- 1 Give each student a few golden sunbeam templates (page 1).
- 2 During the day, when they notice something unexpectedly good, write it on a sunbeam.
- 3 At the end of the day, collect the sunbeams.
- 4 Attach everyone's sunbeams around a large sun on a bulletin board or wall.
- 5 Step back and read the bright moments together! ❤️

Display Example



Tips & Ideas:

- ★ Use the sunbeams all week and add to your display.
- ★ Invite students to draw a quick picture instead of writing.
- ★ Talk about how noticing good things can help us feel happier and kinder.
- ★ This activity works for any season! ❤️



Reflection:

- ❤️ What did you notice about all the sunbeams together?
- ❤️ How did it feel to share the good things from your day?
- ❤️ What might you have missed if you weren't looking for the bright spots?

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